



## Welcome to our Newsletter!

Contributions from all of you are very welcome. Please speak to your teacher or our Academic Manager David if you wish to take part in the next issue. It is a fantastic opportunity to show off your English skills and the experience may enhance your CV.

## Culture shock!

At conversation club, the ladies shared their culture shock experiences and gave some great advice. Read their comments to see if you agree or not! Share your own experiences with us by email at [office@communicateschool.co.uk](mailto:office@communicateschool.co.uk).



Enjoying a well-earned coffee

### What advice would you give to new students?

Never go to the bar after happy hour! *Elisa, Spain*

Try everything and always speak up, even if you are an introvert. You should prepare some questions such as 'What are your ambitions?' or 'what makes you happy?' so you can talk about them for a really long time. This way, you can avoid small talk about the weather. *Tala, Saudi Arabia*

### What surprised you when you first moved to Manchester?

The accent, for sure! When people say 'nowt' (*nothing*) or 'cheers' (*thanks*) - I didn't know any of that when I arrived. *Tala, Saudi Arabia*

I have been here now for two months and I still look the wrong way at the road. It's so confusing! So I look both ways. *Marti, Poland*

Once, I forgot that the driving side in a car was the right, and the passenger was so small I couldn't see him - I was so shocked! I thought nobody was driving. *Zeynep, Turkey*

Ordering in a restaurant is difficult - I don't know what I want and to translate the food is impossible. Sometimes types of food are difficult to understand. *Aleks, Poland*

### What will you miss about the UK when you move home?

Not the food - it's awful! It's always sandwiches, burgers and more sandwiches. But the weather is good - I'm from a hot country so I like the rain. *Elisa, Spain*

Everything. Absolutely everything! I am really happy to go home to see my parents and all of my cousins (there will be a family event soon), but apart from that I really don't want to leave. Not at all. When I go home, I think I will feel like part of me is British. *Fatimah, Saudi Arabia*



Elisa, Zeynep and Aleks

## Interview

Interview with your teacher Alice.

*Why did you choose to become an EFL teacher?*

Exploring the development of languages and cultures is something that interested me during my studies. I began to notice that I achieved more when my work presented me with change– it was a challenge for me that I wanted to creatively explore.

*What were you like in school?*

I was a very good student - I never got detention once in five years! My teachers always said I chatted too much during class when I should have been listening.

*What do you like to do outside of work?*

I usually relax with my friends and family. I like to take my dog, Harry, on walks in the countryside when it's good weather, and another hobby is photography.

*Who is your role model and why?*

My parents are strong role models for me. They always work hard and have set an example of how to achieve the things I want to have in life.



*How would your best friend describe you?*

Happy, friendly and adventurous.

*If you could describe Communicate in 3 words, what would they be?*

Friendly, supportive and passionate.

## Poet's corner

### Spectrum

by Tala

The colours make me wonder  
Just like the ones you can't really see in a thunder

I'm (tired) of having some space.  
long before I know what I would be.  
For once...  
I'm feeling the joy of possibility.

And now?

Someone is (has been) stealing my youth,  
just because I'm seeking the truth.  
Isn't that what "growth" stands for?  
Or is it just too good for you?

I'm not someone who loses  
and gets away with random excuses  
keep telling me it's a phase  
there's a lot more to it than you'd ever expect

Wondering is not a shame  
Figuring out is certainly not lame  
I was playing MY game  
Why doesn't it seem like I have a name?



## Home-cooked deliciousness

### Ingredients

Rice	Lamb	Onion
Tomato	Tomato sauce	Oil
Cinnamon	Cumin	Green chilli
Cardamom	Garlic	Coriander
Salt	Red chilli powder	

### Traditional Saudi Arabian Kabsa recipe

by *Junaid*

### Method

1. Cut the garlic, onion and tomato into slices.
2. Put some oil in the pan and wait 3 mins.
3. Add the onion and wait until they turn a gold colour.
4. Add the green chilli, garlic, cinnamon, cumin and mix them.
5. Add tomato, tomato sauce and mix them for about 5 mins.
6. Put the meat in and mix well for 5 mins. Leave to cook for 30 mins.
7. Add salt, red chilli powder and cardamom.
8. Add the rice after washing it many times.
9. Leave it for 15-20 mins and take off the heat.
10. Leave for 5 mins and then it's ready to eat!

Image courtesy of Pixabay



## Insider's guide to Manchester

by *Seonghyun, Mayssa and Peggy*



Image courtesy of Pixabay

Our tips below show students who need to know more about the vibrant city of Manchester and where they can exercise.



Image courtesy of Pixabay

There are some nice places where you can do exercise in Manchester. 'The Gym' is close to Piccadilly Gardens, where you can work out on various machines and with dumbbells. You can also join free classes with professional trainers.

Manchester Aquatics Centre on Booth Street is a really good option at a reasonable price for people who like swimming. There are different depths of pool and even a special diving pool. Moreover, students can get a discounted price of £2.10 with their student ID.



Image courtesy of Pixabay

Can you recommend something to do in Manchester? Do you have a favourite restaurant, park, cafe, museum or library?

This is your chance to share your ideas in the monthly newspaper! Please send us your work by email to [office@communicateschool.co.uk](mailto:office@communicateschool.co.uk). You can also send your photos via WhatsApp or tag us on Instagram @communicateschool.

## Student of the Month

Student of the Month for August was Ibtesam .

Her teachers said “Ibtesam brings a real energy and enthusiasm with her to lessons. Her language learning has improved greatly because of it, and her patience, humour and kindness make her a great student to have around, both inside and outside of the classroom.”

Congratulations! This is a great achievement and you should be really proud of yourself!



## Unknown A-list facts

Cristiano Ronaldo was born on the 5<sup>th</sup> February 1985. He has played football since 1998. He played for Manchester United for 5 years. He moved to Real Madrid in 2008. He has won 5 UEFA Champions League titles. He has won 5 Ballon d'Or and has scored about 500 goals. He moved to Juventus this year.

By Essam

**Interesting fact:** he has donated blood lots of times.



Images courtesy of Pixabay

Tom Holland was born on the 1<sup>st</sup> June in the UK. He graduated from the Wimbledon College of Art. When he was 12, he debuted with the musical Billy Elliot and acted in it for 2 years. He's appeared in 16 films and acted as Spiderman in Marvel Studio films. He's danced since he was 9 years old.

By Hyemin

**Interesting fact:** Tom suffers from dyslexia.



## Useful Info



Do you know who to contact when:



... you have an emergency and need to contact the school out of hours?	Call our emergency number 07482660030
... you have a problem with accommodation?	Contact Federica at the reception
... you want to write an article for the school newsletter?	Speak to your teacher or the Academic Manager David
... you have a new phone number or new address?	Email the new details to <a href="mailto:office@communicateschool.co.uk">office@communicateschool.co.uk</a>
... you need help with a personal issue or have a complaint?	Speak to the Office Manager Virginia
... you missed a class and you want to know about homework?	Contact one of your classmates or if not possible, email the reception
... you want to change your timetable?	Speak to the Academic Manager David

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